I am an African American man, blessed to serve as the presiding bishop of the Episcopal Church. In my 67 years, I have seen our country change a great deal. But what happened to George Floyd, Breonna Taylor, Ahmaud Arbery, Sandra Bland, Paul Castaway, Melissa Ventura, Eric Garner, Michael Brown, Trayvon Martin and countless others has been a sad constant.

Back in the 1960s and ‘70s, my father ran the Human Relations Commission for the city of Buffalo. He organized sensitivity trainings for the police department, many of whose members he respected and liked. He also warned me to be careful whenever I interacted with the police, because he knew the dangers for a young black man were real. As events in Minneapolis have revealed, that danger has not changed. What has changed is technology: Today, cellphones document racial terror. That is why we see frustration, pain and anger rippling through our streets today. We should all feel the same.

But that frustration must not lead to fatalism or despair. We are not condemned to live this way forever. I recommend a different path — the path of love.

Our nation’s heart breaks right now because we have strayed far from the path of love. Because love does not look like one man’s knee on another man’s neck, crushing the God-given life out of him. This is callous disregard for the life of another human being, shown in the willingness to snuff it out brutally as the unarmed victim pleads for mercy.

Love does not look like the harm being caused by some police or some protesters in our cities. Violence against any person is violence against a child of God, created in God’s image. And that ultimately is violence against God, which is blasphemy — the denial of the God whose love is the root of genuine justice and true human dignity and equality.

Love does not look like the silence and complicity of too many of us, who wish more for tranquility than justice.

“What does love look like? Not like this.” These words — spoken Thursday night by my friend Craig Loya, the newly elected Episcopal bishop of Minnesota — haunt me. I look at searing images of racialized violence across our country — against the backdrop of the disproportionate number of covid-19 victims who are black, brown and native — and I cannot help but notice love’s profound and tragic absence.

So what is the path of love? In times like these, how can we find it and follow it?

When I think about what love looks like, I see us channeling our holy rage into concrete, productive and powerful action. In this moment, love looks like voting for leadership at the local, state, and federal level that will help us to make lasting reform. Love looks like calling on officials and demanding they fulfill their duty to protect the dignity of every child of God.

Love looks like making the long-term commitment to racial healing, justice and truth-telling — knowing that, without intentional, ongoing intervention on the part of every person of good will, America will cling to its original, racist ways of being.

Love looks like working with local police departments to build relationships with the community and develop mechanisms that hold officers accountable. It means ensuring that no police officer with a
history of unauthorized force or racialized violence is shielded and allowed to endanger the lives of those they’ve sworn to protect and serve.

Love looks like all of us — people of every race and religion and national origin and political affiliation — standing up and saying “Enough! We can do better than this. We can be better than this.”

What does love look like? I believe that is what Jesus of Nazareth taught us. It looks like the biblical Good Samaritan, an outsider who spends his time and money healing somebody he doesn’t know or even like.

What America has seen in the past several days may leave us wondering what we can possibly do in this moment to be good Samaritans — to help heal our country, even the parts we don’t know or like. But we have the answer. Now is the time for a national renewal of the ideals of human equality, liberty, and justice for all. Now is the time to commit to cherishing and respecting all lives, and to honoring the dignity and infinite worth of every child of God. Now is the time for all of us to show — in our words, our actions, and our lives — what love really looks like.