

The Wisdom Way of Holy Week

with Heather Ruce

"Where there's surrender, synchronicity tends to follow, which is one of the most delightful side effects of a surrender practice." —Cynthia Bourgeault, The Wisdom Way of Knowing: Reclaiming an Ancient Tradition to Awaken the Heart



"I assure you, whoever grasps their meaning (wisdom sayings) will not know the taste of death."
-Logion 1, Gospel of Thomas

April 11-12, 2025

ALL SAINTS' CHURCH

9th & Dolores St.

Carmel, California 93921

REGISTER: 831-624-3883

info@allsaintscarmel.org

The liturgical journey through Holy Week is a profound experience and indeed a microcosm of the Christian path of life-long transformation in Christ. As a teacher of wisdom, Jesus transmits to us, through the liturgy and contemplative wisdom practice, the understanding of his kenotic way of being, his conscious mind of non-attachment so that we can have the same mind as Christ.

On this retreat we will embody the contemplative wisdom practices that enable us to be more present, open to surrender, and focus the attention of the heart through chanting, Centering Prayer meditation, learning from sacred texts, conscious labor, and sacred movement.

Our guide will be the wisdom sayings of the Gospel of Thomas. These sayings are like Zen koans that we take into ourselves as a seed to be held, nurtured, and transformed by an alchemical germination process. Imagine stepping into Holy Week with these jewels as our companions.



Retreat Fee: \$265

Includes: healthy breakfast, lunch, drinks, and snacks for 2 days

Lodging: for those attending from out of town some low-priced lodging can be arranged.

Time:

Fri. 9:00am – 5:30pm

Sat. 9:00am – 5:30pm

For More Information or to Register visit:

<https://docs.google.com/forms/d/e/1FAIpQLSfeKrORz9i-B41b2xuQ-zJnXLJ7jvxVxi5DOL7o19AGlz42zA/viewform?usp=header>

Retreat Facilitator:

Heather Ruce, M.A. is a Wisdom Spiritual Director who offers Wisdom Practice Circles, Retreats, and Wisdom Schools focused on the expansive Christian Wisdom Tradition. She works within the lineage of Wisdom Teacher Cynthia Bourgeault whom she has been a student of for over a decade. Heather weaves her Masters in Marital & Family Therapy and training in Somatic Experiencing, Organic Intelligence & Spiritual Direction into her teaching and guidance in various Wisdom practices in service of waking up and putting on the Mind of Christ. Find out more at heatherruce.com.

*For more information on the Christian Wisdom Path, see Cynthia Bourgeault's book: *The Wisdom Way of Knowing: Reclaiming an Ancient Tradition to Awaken the Heart*. If you have not read this book you are encouraged to do so before the retreat, but it is not a prerequisite.

